

Pick Now!™

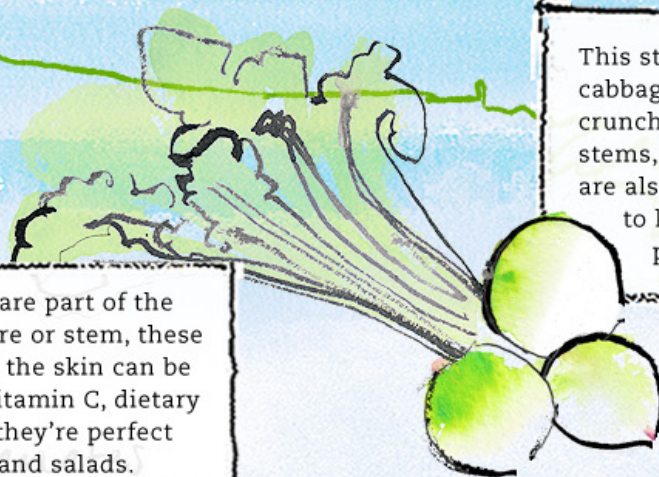
A seasonal freshness calendar to inspire all of your Pick, Mix & Serve adventures!

DECEMBER



guavas

Tart and tropical, guavas are part of the myrtle family. With no core or stem, these make for easy eating, but the skin can be bitter. A powerhouse of vitamin C, dietary fiber and natural pectin, they're perfect for snacks, sorbets, jams and salads.



kohlrabi

This strange looking vegetable is part of the cabbage family and worth a try. Crispy and crunchy, it has a taste similar to broccoli stems, but more mild and sweet. The leaves are also edible and make a tasty alternative to kale. Be sure to remove the tough outer peel and treat it like a huge radish.



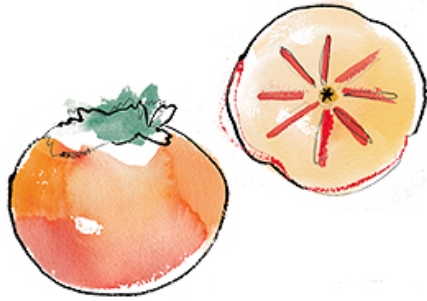
This ancient beauty has long been a symbol of prosperity and abundance. The treasured interior arils can range in color from white to purple to deep garnet red. Look for fruit that is heavy for its size with bright, unblemished skin.

meyer lemons



Back in the 1940's most Meyer lemon trees were destroyed because they carried a citrus killing virus. Thirty years later a virus-free variety of this sweet and less acidic lemon was embraced by chefs like Alice Waters.

Pick Now!™



produce

Apples	Hazelnuts	Persimmons
Beets	Kale	Pomegranates
Brussels Sprouts	Kiwi	Potatoes
Broccoli	Kohlrabi	Pumpkins
Cabbage	Kumquats	Radishes
Carrots	Leeks	Rutabagas
Cauliflower	Lemons	Satsumas
Celery	Lettuces	Scallions
Celeriac	Mushrooms	Shallots
Chard	Mustards	Shell Beans
Chicories	Mustard Greens	Spinach
Collard Greens	Meyer Lemons	Sunchoke
Cranberries	Onions	Sweet Potatoes
Dates	Oranges	Star Fruits
Guavas	Parsnips	Swiss Chard
Garlic	Peas	Tangerines
Ginger	Pears	Turnip
Grapefruit	Pecans	Walnuts
Hearts of Palm	Peanuts	Winter Squash



flowers

Alstromeria	Kangaroo Paw
Amaryllis	Liatris
Anemone	Lisianthus
Bachelor's Button	Larkspur
Bouvardia	Narcissus
Calendula	Pansies
Calla Lilies	Paperwhites
Chrysanthemums	Peonies
Cotton	Poinsettias
Cymbidium Orchids	Poppies
Delphinium	Protea
Gardenias	Pussy Willows
Heather	Roses
Hellebore	Star of Bethlehem
Holly Berries	Stephanotis
Hydrangea	Viola
Iris	